

# GETTING **Prepped**

Some people may face problems with their insurance covering the costs of Truvada for PrEP. This infographic provides details that may be useful to you. Learn more about PrEP at these websites:



- projectinform.org/prep
- prepfacts.org
- pleaseprepme.org
- nastad.org/prepcost
- hiveonline.org
- thewellproject.org/hivinformation/prep-women
- whatisprep.org
- facebook.com/groups/PrEPFacts



# **CHECK YOUR INSURANCE PLAN**

Check your insurance plan to see what you pay out of

- What is your deductible?
- for medical visits, blood work and prescriptions?
- What other OOP costs such as co-insurance?
- doctor's office, pharma-
- · Avoid Bronze plans if you can afford them, Silver, offer better coverage.



FIND A MEDICAL PROVIDER WHO

**SUPPORTS YOUR DECISION TO PrEP** 





**BLOOD WORK** 















# MEDICAL VISITS,

# **GET YOUR PRESCRIPTION**

# PICK UP **PRESCRIPTION**

# PAY FOR THE MEDICATION **AND OTHER COSTS**

#### Your costs

pocket (OOP) while on PrEP.

- · What drug tier is Truvada on?
- What are your total costs
- are you responsible for,
- Ask for help from your cist, local case manager or insurance plan rep.
- can (they generally have higher OOP costs). If you Gold and Platinum plans

#### **Schedule an appointment**

Approach your medical provider about Truvada for PrEP prescription.

- If they will prescribe, GREAT NEWS!
- If they don't know about PrEP but are willing to prescribe:
  - 1) They can consult the Federal Guidelines: (tinyurl.com/2017PrEPquidelines), and/or
  - 2) They can consult the CCC's PrEPline at 855-448-7737 during business hours (tinyurl.com/CCCprepline), and/or
  - 3) They can consult NASTAD's "Billing Coding Guide for HIV Prevention" (tinyurl.com/NASTADquide).
- If they won't prescribe:
  - 1) Read/utilize these resource materials:
  - "Talk to Your Doctor": tinyurl.com/PrEPbrochureCDC
  - "Work through Doctor Visit": tinyurl.com/PrEPdocvisit
  - 2) Ask for a referral, or find another provider on your own:
  - your insurance plan's provider directory
  - public health clinics (findahealthcenter.hrsa.gov), STD clinics, Planned Parenthood (tinyurl.com/PPclinics)
  - local, county and state health departments
  - PrEP-friendly provider search engines:
  - .. pleaseprepme.org/find-a-provider
  - .. preplocator.org
  - .. greaterthan.org/get-prep

#### If you encounter uncovered costs related to your care, these options may help:

#### Public health clinics

• Some public health clinics offer sliding fee scale for medical visits and blood work.

#### **FSAs**

- Flexible Spending Accounts are accounts set up with pre-tax dollars to help pay for OOP health care costs.
- FSAs have an annual limit of \$2,700, available through employers if offered.
- Enrollment is usually annual, so plan ahead.

#### **Prior authorizations**

Some insurance plans require a prior authorization (PA) for Truvada for PrEP.

- This is normal.
- May need extra paperwork.
- Your provider can use the codes found on p42 at tinyurl. com/2017PrEPsupplement.
- Re-submit paperwork until the PA is approved.

#### Denials

- Your provider should code paperwork correctly to your insurance carrier. (URL above.)
- Work with your provider's office to submit challenge(s). It may take more than once.

#### Tele-PrEP services

- Online resources may be able to prescribe PrEP to you without a doctor's visit in some states:
- .. heymistr.com
- .. nurx.co/prep
- .. prep.plushcare.com

## **Pharmacy refills**

Plans vary in what they offer. Your plan may:

- Vary in how you get meds (at pharmacy, mail order).
- Provide only 30-day refills
- · Offer 90-day refills
- Make you initiate the monthly refill
- · Have an auto-send function for refills
- · Offer refills earlier than waiting 30 days

#### ALSO:

- In-network pharmacies will reduce your cost.
- Apply for Gilead's Co-Pay Card **before** going to a pharmacy (next column).
- If pharmacy doesn't accept Co-Pay Card, keep pharmacy and sales receipts. Call the number on back of co-pay card. Submit paperwork for payment.

### Manufacturer assistance

qileadadvancingaccess.com, 800-226-2056 (18 years or older)

#### **Co-Pay Assistance**

- covers up to \$7,200 per calendar year, out-of-pocket costs
- for commercially insured individuals, re-apply annually
- not available for persons with Medicaid, Medicare, VA or other federal/state prescription drug programs

#### **Medication Assistance**

- uninsured, insurance declined payment, or no pharmacy benefits
- US resident (SSN not required) and family income <500% FPL (federal poverty level, tinyurl.com/FPLincomes)
- eligibility confirmed every 12 months

#### **Patient Access Network Foundation**

- Medicare plans only; family income below 500% FPL
- \$8,000 max per year, may reapply
- Covers co-pays, deductibles and co-insurance
- panapply.org, 866-316-7263 (program is sometimes closed)

## **Patient Advocate Foundation**

- Insured individuals only: family income below 400% FPL + COLI
- \$7,500 max per year for co-pay/deductible costs, may reapply
- tinyurl.com/PAFhelp or copays.org or 800-532-5274

## State assistance programs for residents of:

• California, Colorado, Illinois, Massachusetts, New York, Ohio, Virginia and Washington. Check other side for websites.

# **ARE YOU INSURED TO COVER YOUR COSTS FOR PrEP?**

You can also use www.prepcost.org to calculate your costs.



projectinform.org/prep-chart

Updated: January 25, 2019



(employer, private, insurance marketplace, COBRA, Medicare, Medicaid)



## Gilead Advancing Access Co-pay Card

gileadcopay.com 877-505-6986

- \$7,200 max/calendar year
- No income limit
- Covers co-pays, deductibles and co-insurance
- Re-apply annually as needed
- US resident
- Not available for persons with Medicaid, Medicare, VA or other state/federal prescription drug programs

If pharmacy cannot process Gilead's Co-pay Card, keep sales and pharmacy receipts. Call number on back of co-pay card. Submit paperwork for reimbursement for all refills. Terms, conditions at *gileadcopay.com*.



### Patient Access Network Foundation

panapply.org 866-316-7263

- \$4,800 initial grant, up to \$8,000 max/year, re-apply
- Income <500% FPL (\$60,700)
- Based on taxable income (1040 line 7, 1040 EZ line 1)
- Medicare plans only
- Covers co-pays, deductibles and co-insurance
- US resident
- Pharmacies can bill PAN Foundation directly

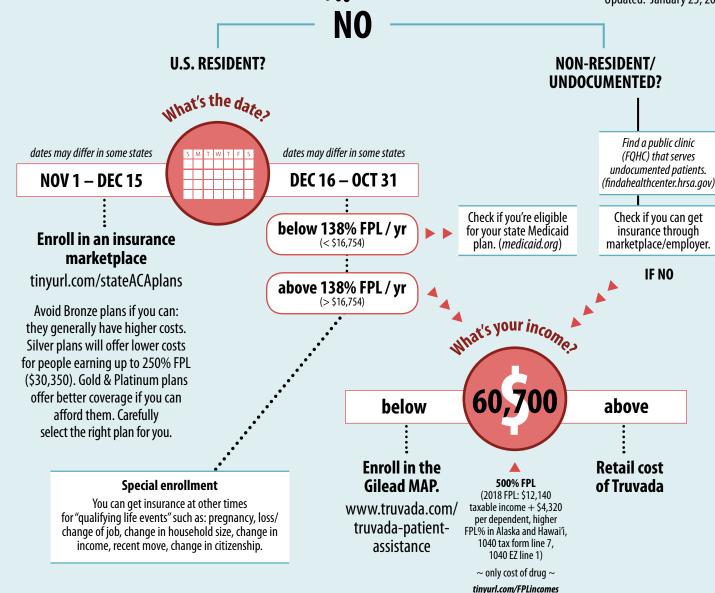


# Patient Advocate Foundation (PAF)

tinyurl.com/PAFhelp, or copays.org

- \$7,500 max/year, re-apply
- Income <400% FPL (\$48,560)</li>
  + COLI (cost of living index)
  adjustments
- Based on taxable income (1040 line 7, 1040 EZ line 1)
- Must be insured (as listed under "YES" above)
- Covers co-pays only
- Proof of US residence (utility bill, etc.)
- Case managers available to help (800-532-5274)

These programs may be subject to funding shortfalls, which may limit enrollment.



# **FSA** (flexible spending account)

Employer FSAs can help cover up to \$2,700 of out-of-pocket costs.

If you're a resident, these state plans may also help if you're insured or uninsured:

- CALIFORNIA: tinyurl.com/CAprepAP
- COLORADO: tinyurl.com/COprepFAP
- DISTRICT OF COLUMBIA: tinyurl.com/DCprepDAP
- ILLINOIS: tinyurl.com/ILprepAP
- MASSACHUSETTS: crine.org/prepdap
- OHIO: tinyurl.com/OHprepPAPI
- NEW YORK: tinyurl.com/NYprepAP
- VIRGINIA: tinyurl.com/VAprepDAP
  WASHINGTON: tinyurl.com/WAprepDAP